

**HEALTH & WELLBEING** 

HOLISTIC SUPPORT

FOODBANKS | YOUTH GROUP

g support@touchoflove.org.uk







9



Jane Akadiri



commitment to making a real difference in the individuals aged 7 to 18. Through various Report. This report showcases our unwavering young people, has impacted over ives of those in need across Aberdeen and well as aiding minority ethnic families in overcoming isolation and celebrating their ncreasing the demand for food aid across hardships, significantly supporting those facing severe challenges due the subsequent cost of living crisis have led to unique identities. The COVID-19 pandemic and Touch of Love Outreach is dedicated to to illness, disability, or financial constraints, as Aberdeenshire.

been a constant source of support. Since 2020, distributed over 10,000 food parcels, including 5,157 children. From January 2023 to supporting more than 15,000 individuals, December 2023 alone, we handed out 3,563 ood parcels, a 28% increase from the previous food insecurity.

individuals in Torry, Aberdeen, further exemplifying our commitment to community Significantly, the National Lottery Community Fund-supported Tullos Food Bank, launched in January 2023, distributed over 400 food parcels

It's my privilege to share our 2022/23 Impact Our Youth Group, focusing on minority ethnic sectarian issues. These initiatives are integral activities, from sports to arts and culture, we've created safe spaces for engagement contributed to raising awareness on to the well-being of our community.

HOLANDED FROM THE COORDINATOR

health assistance. Tailored to each individual's needs, our approach empowers and fosters The Wellbeing and Isolation Projects have provided essential support to over 350 minority ethnic women and children requiring mental among those multiple disadvantages. resilience, especially

Despite these challenges, our organization has Internationally, our poverty alleviation projects These initiatives focus education, short term basic necessities in Nigeria and Malawi have supported community development 25,000 people empowerment. long-term

year, reflecting our growing effort to combat None of these would be possible without our dedicated volunteers, whose commitment has grateful to all our funders, whose support has been crucial in advancing our projects. been vital to our success.

challenges we strive to address, reaffirming our first three months to vulnerable In conclusion, this report is a testament to the achievements but also the ongoing needs collective efforts and resilience of community. It reflects not commitment to those we serve.



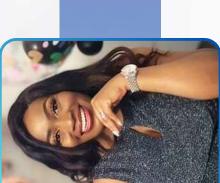








#### Vivienne Amakiri



Vivian Onyeka







Rev. Fr. Franklin Umeh



MEET OUR TRUSTEES

Rev. Fr. Clement Ezeka



Jane Akadiri



Uplifting Humanity Changing Lives 3

#### w I 0 M 0

Torry/Ferryhill Councillor Michael Kusznir, launched on March 12, 2023, at the Tullos locality, serves as a proactive response to the mounting cost of living and growing food insecurity among local residents. The facility operates every Thursday morning, offering emergency food assistance to those in severe hardship, with a target to aid at least The Tullos Food Bank, an initiative by Touch of Love Outreach commissioned by Community Centre. This project, the second of its kind by Touch of Love in the Torry 2,000 individuals annually

scarcity. During this period, the distribution of 397 food parcels underscores the pressing need for such services in the In the first quarter of 2023, the Tullos Food Bank significantly impacted the community community. Furthermore, from January to December 2023, the food bank has distributed a total of 2,391 food parcels, supporting over 3,000 adults and children, which further highlights its vital role in addressing food insecurity in our community. extreme food facing persons

The successful launch and operation of the food bank was made possible through the support of various key partners. These include the National Lottery, Aberdeen City Council's Torry Community Centre Liaison Officers, Community Food Initiatives North East (CFINE), Aberdeen's Third Sector Interface (ACVO), and the Rotary Club of Aberdeen

community backing and an unwavering commitment to expanding its services, the The Tullos Food Bank is not just an initiative; it's a lifeline in the heart of Torry, playing a critical role in combating food insecurity and the escalating cost of living crisis. Ideally situated near Tullos School, it offers unparalleled convenience for families, especially those with young children, ensuring that support is within easy reach. With its robust Tullos Food Bank is a beacon of hope and support in these challenging times, essential for strengthening and nurturing our community.









## WIF ISOPIESON IN SOPIES OF THE SOPIES OF THE

- have experienced food insecurity in the 12 months to mid-2022, equating to an estimated 1.2 million people. This means that at some point over this period they have run out of food and been unable to afford more, and/or reduced meal size, eaten less, gone hungry or lost weight due to lack of money.
- 7% of Scottish households accessed support from an ecosystem of food aid across Scotland, such as receiving support from a food bank or accessing low-cost food aid from a social supermarket. This means an estimated 533,000 people were supported by food aid in Scotland.



Ipsos, & The Trussell Trust. (2023). Hunger in Scotland.







### food is donated

-ood banks receive donations of non-perishable and unexpired food items from various sources including occur during festive seasons like harvest time and the Christmas period. Additionally, supermarkets are religious organizations, companies, and individuals. Significant donations often common collection points for these food contributions. educational institutions,



#### FOOD IS SORTED

for distribution to individuals in need who are directed to Our Volunteers organize and inspect the food donations, ensuring they are still within dates, and then prepare them the food banks during emergencies.



#### Professionals identify

Our Food banks collaborate with a wide range of care professionals, including physicians, teachers, health visitors, and social workers, to identify individuals facing enabling them to obtain emergency food assistance. ndividuals can also self-refer themselves by contacting severe food insecurity and refer them to the food bank, the food banks to ask for assistance.



#### Professionals identify

where they can redeem them for a three-day supply of emergency food. Our Volunteers warmly welcome these individuals and extend further support to assist them in People present their referral notes at the food bank, esolving the crisis they are going through.



## FAD OF YEAR STATS

NO. OF FOOD PARCELS & PEOPLE SUPPORTED BY TOUCH OF LOVE FOOD BANKS





#### Emergency food parcels





Increase from the same

period in 2022

20,000



### Emergency food parcels provided for first time visit

Between 1 Jan 2023 and 31 Dec 2023, Touch of Love's two food banks distributed more than 3,500 food parcels to people facing hardship – this is an increase of 43% from the same period last year.

More than one thousand five hundred of these parcels were distributed to first time requests.





	2020	2021	2022	2023	
NO OF FOOD PARCELS DISTRIBUTED	2,200	2,416	2,780	3,563	28%
NO OF ADULTS SUPPORTED	4,750	5,429	6,350	7,744	
NO OF CHILDREN SUPPORTED	1,850	2,204	2,594	3,320	The number of people supported increased by 28% in 2022 vs 2023
TOTAL NUMBER SUPPORTED	6,600	7,633	8,944	11,064	

> of measure volume rather than unique users. Our statistics are

from each food parcel request, and the number of emergency food supplies is The data is collected using a system into which our food banks enter data

For example, if a family of three were referred to a food bank twice in one year, this would count as six persons supported on the system because it would reflect six instances of a supply going to someone in the household. However, if a family of three were only referred to the food bank once, this would count as three persons supported.

and not to the various independent food aid providers and community groups Figures from Touch of Love cannot be used to full explain the scale of food bank use across Aberdeen, because our figures relate to food banks in our network also providing emergency food, which have increased in number through the





Banks have received 1 - 3 parcels in the of people referred to Touch of Love Food last 12 months







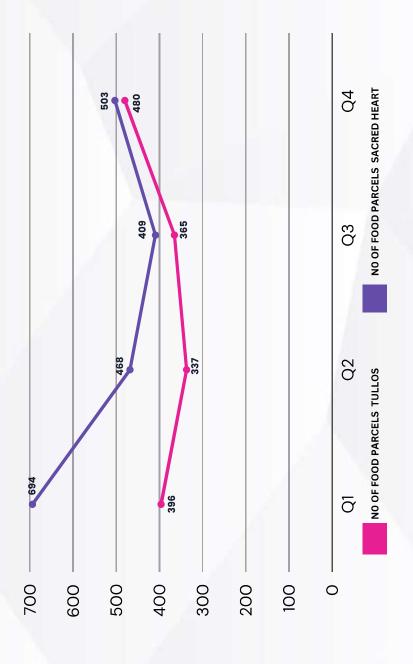




of people referred to Touch of Love Food Banks are disabled compared to 31% across the general population of Scotland



## THE COMPARISON OF FOOD PARCELS DISTRIBUTED IN EACH QUARTER: SACRED HEART VS TULLOS FOOD BANKS



	Q1	<b>Q2</b>	<b>Q3</b>	Q4	TOTAL
NO OF FOOD PARCELS SACRED HEART	694	468	409	503	2074
NO OF FOOD PARCELS TULLOS	396	337	365	480	1578





It was the first year we supported more than 10,000 persons

#### 

It was the first year we have provided over 80 tonnes of food



It was the first year we supported more than 5,000 Children



It was the first year we distributed more than 10,000 food parcels cumulatively.

Scotland there are slight differences, but 'Low Income' and 'Benefit Issues' are consistently high. Issues The reasons below give an insight to the variety and scale of the crisis that those attending our Foodbanks are facing. These top five reasons are from all the Foodbanks combined. Within each region in with Universal Credit were high priority in Sandwell and Walsall.

#### LOW INCOME



Low Income is consistently the highest reason for crisis as evidenced in our records, with 1936 people and making up 25% of the total reasons. We have seen an increase in those in employment needing our support, especially those on zero hours contracts.

#### 



Benefit issues was **23%** of the total reasons for crisis and included 1781 people. We believe this is partly due to the sudden cut to the £20 per week Universal Credit uplift. This imposed the biggest overnight cut to the basic rate of social security since the creation of the modern welfare state.

## NO ACCESS TO PUBLIC FUNDS



No Access to Public Funds **27%** of those accessing our Foodbanks are because they have no access to public funds. A high majority of these are in the Dudley borough.



of people referred to Touch of Love Food Banks are in jobs which does not provide sufficient protection from financial hardship

#### OUT OF WORK



Out of Work contributes to 19% of those attending our Torry Foodbanks overall. The SIMD outcomes show 2 of the Torry data zones to be in the worst 15% ranking for Health in the country and all thirteen data zones ranking in the lowest 20% for Housing; with a significant number of people with limiting long term illnesses across all age ranges claiming illness-related benefits.



Three main factors combine to prevent people from having sufficient income to avoid food insecurity and leave them having to turn to food banks:

- · The design and delivery of the social security system.
- · Work which does not provide sufficient protection from financial hardship.
- Difficulty accessing suitable jobs, especially for disabled people, those with caring responsibilities and parents (especially mothers).





Each individual seeking help from a food bank carries a unique story, with no singular path that leads to this point of need. Among these diverse narratives, a common and heartrending factor emerges: the struggle with inadequate income. Within our food banks, it was observed that by mid-2023, a staggering 87% of those who were assisted by our food banks were facing such profound financial hardship at the time of receiving assistance.

This critical situation is often worsened by the lack of a financial safety net, such as savings, and the additional stress of managing debts and arrears, painting a picture of deep and enduring struggles within our community.











YOUNGER PEOPLE



SOCIAL RENTALS



ETHNIC MINORITIES



PEOPLE IN POOR HEALTH

Even with the increased distribution of banks, a substantial portion - more grappling with food insecurity remain food parcels by the Touch of Love Food than two-thirds of those in Aberdeen without food aid.

This underscores the reality that the comprehensive measure of the concerning scenario where many are confronting serious challenges without the aid provided by these food banks. usage of food banks is not community's needs. It reveals











## WHAT OUR SERVICE USERS SAY...

16:45 parcel. May the Lord continue to Thanks alot. We received the bless the team.Amen

17:52 Food bank received with 💞. Thank you always

Hi ethank you for my food parcel always so happy and grateful for the drivers at Touch of Love. Love to you hought and care of each and every one of you and the friendly caring As always it's a wee adventure to discover what is in there and I'm all Mel 🔷 xx

Even when I don't say it please always know that you are the best. Every week we get the extension of love from your end.

working with you to achieve this Lots of Love 💗 to you and all wonderful show of kindness.

From my family it's much more love 🌑

privileged, boosting small scale businesses, I have received aitirme many a times Touch of love outreach has blessed people many times by giving to the less from TOL, may TOL always soar higher Amen

Hi \_\_\_\_ thank you for my food parcel always so happy and grateful for the drivers at Touch of Love. Love to you thought and care of each and every one of you and the friendly caring As always it's a wee adventure to discover what is in there and I'm all Mel 💗 xx

Love and hugs to you and everyone delighted with the baby aubergine vegetable! I am looking forward to . They are my all time favourite cooking them with the chicken 🙂 at Touch of Love. Love Mel 😂 😘 Thank you very much for my food I hope that you are well. parcel today. I am especially

food parcel. As always it is very much appreciated. Many thanks to you and thank you very much for my all at Touch of Love. Love Mel

Inchgarth @inch · Dec 24, 2022

Christmas to you all. Paul, Inchgarth Well done all involved with a Touch difference in the lives of those who Ps...Mike, you are omnipresent for extremely important & makes a of Love, the work you do is need you the most. Merry Manager. Chair of ACVO. our sector, you inspire!

all lovely, she will wear them for a clothes for our daughter, they are long time, may God continue to you? I don't know how to thank grateful,thank you so much for all the weekly foodstuffs and bless you for us.thank you so Good evening F a, how are or all the support you have given to us, we are forever much Paula. We love you.



# RECOGNITION OF TOUCH OF LOVE OUTREACH

## BY YPI SCOTLAND







#### Introduction:

Touch of Love Outreach has recently been acknowledged for its significant contributions to the Aberdeen community through a notable achievement: winning a combined total of £6,000 from YPI Scotland, courtesy of the dedicated efforts of students from Robert Gordon's College and Bucksburn Academy.

#### Award and Community Impact:

contributing £3,000, was a result of intense competitions within their known for fostering social volunteering Students independently researched and mpactful work, choosing Touch of Love Outreach for their commendable efforts evenly respective institutions. The Youth and provided the platform for this recognition. selected local charities based on their each Philanthropy Initiative (YPI) in Scotland, skills among secondary school students, in addressing food insecurity in Aberdeen. between the two schools, split award, This substantial

The significance of being selected by these students cannot be overstated. It serves as a testament to the value and effectiveness of Touch of Love's work within the community. The funds acquired through this achievement have been judiciously utilized to augment our capabilities in providing assistance. Specifically, these funds have enabled the purchase of groceries to support 300 individuals with high-quality food parcels, directly addressing the immediate needs of those facing food insecurity.

#### Conclusion:

The recognition and financial support from YPI Scotland, driven by the initiative and belief of the students in our mission, underscores the profound impact of Touch of Love Outreach in the Aberdeen community. This accolade not only highlights our ongoing efforts to combat food insecurity but also reinforces our commitment to continue making a tangible difference in the lives of many. Touch of Love Outreach remains dedicated to its mission, bolstered by this significant acknowledgment and the continued support of the community and its future





#### **Executive Summary**

segment of the Household Hardship Fund provided by the National Lottery Community Fund and administered by Corra Foundation to 50 low-income Ethnic Minority families in Fouch of Love Outreach successfully administered a crucial Aberdeen who lacked access to public funds. The fund not only addressed immediate monetary concerns but This initiative stands as a testament to the positive impact that targeted financial assistance can have on vulnerable communities, also embodied a message of communal support and solidarity. especially during times of heightened need.

Families Distribution Method: Cash Payments Period: Christmas During the 2022 Christmas period, a time exacerbated by the cost of living crisis, these funds were vital in offering immediate relief. Allocation Details Total Families Supported: 50 Ethnic Minority

#### mpact on Beneficiaries

- Food and Essential Items: A significant portion of the fund was allocated to ensure that families had access to basic food items and daily necessities.
- Fuel Costs: Given the harsh winters, funds were used to cover fuel expenses, ensuring warm and comfortable homes.
- connectivity, especially during the holidays, funds were Phone and Internet Costs: Recognizing the importance of allocated to help families cover these costs.
  - Warm Clothing: With the onset of winter, the fund facilitated the purchase of warm clothing, crucial for enduring the cold

foundation for the sum of £100.00 that THANK YOU! THANK YOU!! Corra was given to my family.

he family and clothing for the children. Christmas shopping such as food for t will help immensely towards our

Kind regards,

Mrs Chioma Nwaopara.

bill this winter period. Thanks for your love (TOL). The donation will help my family towards high cost of electricity On behalf of my family I would like to generous donation through Touch of thank Corra foundation for the their kind gesture. Dike Family. A very big thanks to Touch of Love and especially during this cold snap we are Corra Foundation for this £100 grant It will go a long way in providing the necessary clothing for my children This is very thoughtful of you

generous gift of £100, to our household. able to accomplish to buy some warmer clothes to our daughter and to help with Through your donation we have been Thank you Corra Foundation for your

You truly make the difference for us, and we are extremely grateful! Thank you, Sofia Ferreira family

indeed highly appreciated and will settle my worries as a single parent for food Thank you all!!! Madubogwu family 💒 Foundation so much 😊 for this! It's siblings during this festive period. Wonderful, thank you and Corra and clothing for Chioma and her

towards my energy bills which is already Household hardship grant given to me difficult but this support will help me Thank you Corra Foundation for the through Touch Of Love. It's been keep the house warm by paying

From Okanmelu Family.

17:44

Hello Team Corra!

that I received this hardship fund which It is with a great sense of appreciation will go a long way in solving most domestic pressing issues.

Every member of my family is excited with it and how timely it came.

**Ekeh Family** Thank you

Dear TOL and Corra,

necessities going in the home. Thanks for the amazing work We would like to say many thanks for the grant received yesterday. It came just at the right time, to get the basic both teams do.

The Adeshina's





#### **Executive Summary:**

fouch of Love's involvement in the perfectly with our mission to educate Aberdeen Community Food Champion food literacy and healthy eating, aligns significant enhancement in our community service efforts. This initiative, focused on and support vulnerable groups in σ program marks Aberdeen.

#### **Key Achievements:**

REHIS Elementary Food Hygiene and NHS Grampian Confidence to Cook, completed Comprehensive Training: Volunteers including

enriching our program delivery.

#### Improved Program Quality:

cooking skills among our volunteers, leading to more effective educational sessions at our Food Bank and Youth Enhanced food literacy and practical Group.

#### Expanded Community Outreach:

Conclusion:

Introduction of diverse cuisines in our cooking programs and strengthened ties with local food producers, promoting cultural inclusivity and supporting local economies. Enhanced Community Engagement: food hygiene education, fostering better nutritional practices within the Increased focus on healthy eating and community.

### 

#### **Future Directions:**

Implement advanced training for Food Champions. Form partnerships with Integrate sustainability into our food health and nutrition experts. education programs. Touch of Love's successful participation in the Aberdeen Community Food Champion initiatives, enhancing our service quality and program significantly bolsters our community expanding our impact within Aberdeen.





































Torry

















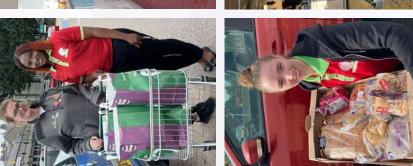
















www.touchoflove.org.uk





# **FOUNG ACHIEVERS CLUB**

Creating a safe space for young minds



## OUR YEAR IN NUMBERS



Club is working with

Club Members 457





**%96** 

No access to





**Public Funds** 









10.2 weeks of holiday activities



Programmes

Club delivers

1,189 Leārning hours



Helping young people to gain qualifications, Developing life and employability skills. Reducing barriers to employment. education and training.



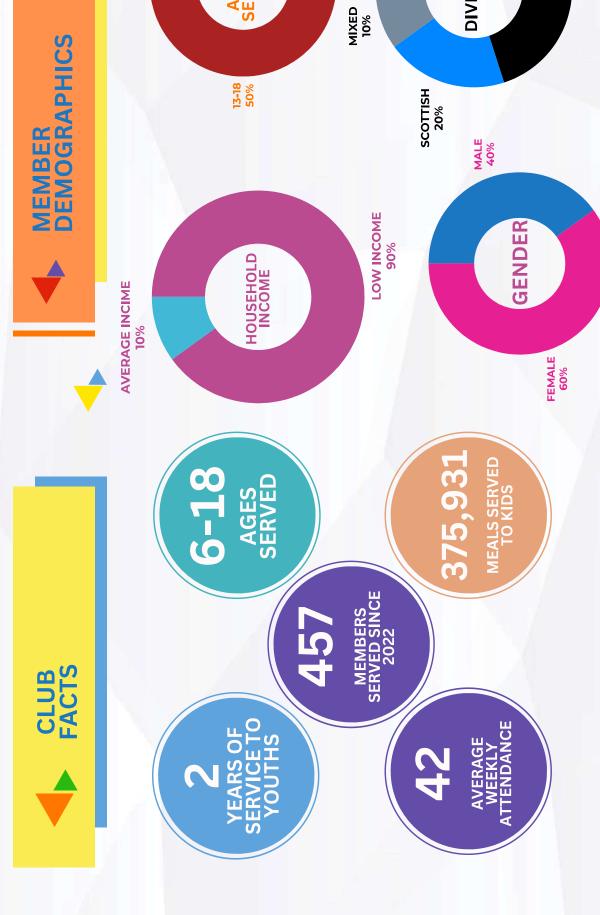
Volunteers Trainings











9-12 35%

AGES SERVED

**6-8** 



AFRICANS 70%

DIVERSITY

## #nevermoreneeded

a labyrinth of challenges in a rapidly changing world. These are not just the The need for comprehensive and effective youth work in Aberdeen is more pressing than ever. Our young people, the lifeblood of this city, are navigating typical hurdles of growing up; they are unprecedented obstacles magnified by the impacts of the COVID-19 pandemic and beyond.

et's take a moment to reflect on the recent past. Even before the pandemic struck, the Youth Work Inquiry in 2019 highlighted a distressing reality: approximately 200,000 young to 2023, and these challenges have intensified. The pandemic has not only brought about health concerns but has also exacerbated issues of mental health, employability, and the individuals felt ensnared in destructive cycles, severely affecting their economic, physical, and emotional well-being. Fast forward overall transition to adulthood. Young people in Aberdeen, as in many parts of the world, are homelessness, with young people now more susceptible to poverty, domestic violence, and antisocial behaviour. The rise in facing profound isolation, a disrupted education, an uncertain well-being. This situation has led to a sharp increase in youth unemployment, coupled with escalating levels of stress, anxiety, self-harm, and depression, is eroding their sense of identity, lob market, and a stark decline in their physical and mental worth, and belonging.

Now, more than ever, young of a resilient, adoptable and people need the support innovative youth sector just as a service, but as a crucial lifeline. It plays an essential role in and a sense of community. However, the very fabric of our youth youth services, stretching our resources thin and jeopardizing the financial stability of many organizations. Currently, numerous addressing these multifaceted issues, offering support, guidance, sector is under strain. The pandemic has surged the demand for outh organizations in our city are operating at reduced capacities, struggling to meet the escalating needs of our young people.

capacity-building opportunities for youth organizations. This is not just about sustaining services; it's about empowering them to be more resilient, adaptable, and innovative in the face of This is a call to action. To support our youth effectively, we need long-term, flexible funding, stronger partnerships, and enhanced unprecedented challenges. Investing in youth work is investing in the future of Aberdeen. It's about building a city where every young person is seen, heard, and emerge as tomorrow's leaders. The time to act is now. Our young supported; a city where they can overcome today's challenges and people need us, and we must rise to the challenge.

In the face of these harrowing challenges, youth work emerges not



Fall in employment aged 16-24 since the start of the evels amongst young people pandemic

triggered or caused by the pandemic<sup>2</sup> estimated to have emerging needs Young people

Youth organisations currently operating at a reduced level 3

Youth organisations report that they are financially at risk of closure within 12 months<sup>3</sup>

> 2. NYA: 'Out of Sight? - vulnerable young people: 1. Coronavirus: Impact on the labour market. Retrieved from House of Commons

3. The Impact of Covid-19 on England's youth COVIS-19 response, April 202



organizations - UK youth, March 2021

## YOUNG ACHIEVERS CLUB(YAC)

Is a dynamic youth organization dedicated to unlocking the potential of young people. Focused on minority ethnic youth aged 6-18, YAC offers a supportive environment where these youngsters can combat isolation, embrace their cultural heritage, and learn crucial life values. Through a variety of engaging activities like sports, arts, and drama,

YAC creates a safe space for conversation and growth. Grounded in best practices, our leadership programs and community-based initiatives are Our innovative leadership programs and community-focused initiatives are not just activities but tools for real-world change, combating isolation and loneliness, and helping young people to embrace their identities and potential.

YAC is not just a club but a catalyst for positive change, shaping the future leaders of our community.

#### MISSIM

providing a safe, nurturing environment where they can explore their identities, develop To combat isolation and loneliness among minority ethnic youths in Aberdeen by leadership skills, and engage in enriching activities.

#### **NOISSIN**

To combat isolation and loneliness among minority ethnic youths in Aberdeen by providing a safe, nurturing environment where they can explore their identities, develop leadership skills, and engage in enriching activities.

#### VALUES

Empathy

ghip

Empowerment

Inclusivity: Creating an environment where every voice is heard and valued.

**Innovation in Leadership:** Developing the next generation of leaders through creative and forward-thinking programs.

#### **OBJECTIVES**

- 1. Cultural Embrace and Identity Formation: To empower minority ethnic young persons in Aberdeen and Aberdeenshire to harmoniously integrate their dual identities, fostering a deep understanding and appreciation of both their African heritage and Scottish culture. Through various educational and cultural activities. YAC aims to create a supportive environment where these young individuals can confidently embrace and celebrate the richness of their dual heritage, cultivating a sense of pride and belonging in both cultures.
- 2. Combat Isolation and Loneliness: To address and reduce feelings of isolation and loneliness among minority ethnic youths aged 6–18 in Aberdeen and Aberdeenshire through engagement in a variety of activities including sports, dance, drama, arts, and interactive games, fostering holistic development and social skills.
- 3. Promote Inclusive Values and Self-Determination: To instill core principles such as inclusion, self-determination, empowerment, collaboration, and a love of learning as we ensure a safe and nurturing environment where young people can freely express themselves and explore their interests.





## MHO WE SUPPORT

95% self-define as Africans and mixed 95% have no access to public funds 25% live in Single-Parent Households 20% live in multi-generational households Although this is not data we request from our service - users, we know most young people and families we help do not have access to public funds. For them, we are a lifeline.



I'm loving the way Mckinzie is learning about different cultures she even commented on the noodles she had for lunch last week & said it had a bit of spice she loved it whoever made it can I get the recipe please A 10:40









We offers a supportive environment where youngsters can combat isolation, embrace their cultural heritage, and learn crucial life values. Through a variety of engaging activities like sports, arts, and drama, YAC creates a safe space for conversation and growth.

Thanks TOL for such an amazing session the week past. The kids sure had a great time learning through play. The highlight for Mayowa was the session held by Father James which tied in with the growth mindset being taught at school.

Not to forget the gorgeous bracelet being made for me by Tutu.

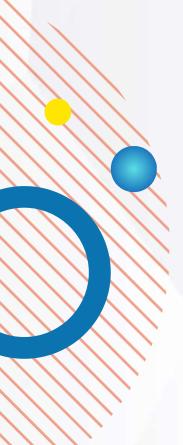
Thanks a lot to an amazing team. My daughter said she had so much fun.













#### Across the year, we...

- Supported 450 children and young people, of which 193 were New Scots
- Offered 60 weekly sessions which were accessed by 125 Unique Children
- Organised 4 Holiday Clubs which were accessed by 223 unique young persons
- Provided Self Development workshops and Peer mentorship trainings for 25 young leaders ready for Youth Work.

#### Parents told us...

100% My child now takes pride in his/her identity and cultural heritage 98% My child has/I have benefitted from the weekly Youth meet sdn

97% My child's wellbeing improved after joining YAC holiday scheme

**95%** My child has made new friends and always looks forward to the Friday meetups.

90% My child has an improved capacity to try new things 80% My child has improved ability to form relationships and

friendships

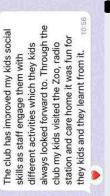
76% My child has improved self-confidence

75% My child has improved problem solving skills





## ESTIMONIES



projects which involve public speaking, presentations, support services, talent hunts with lots of monetary prices. Children engage in technology-based media mentoring, public

The Touch of Love Young Achievers
Club has provided a safe space for my
children to foster and deepen
friendahips cutside achool. They have
practiced and developed their social

have become guite assertive. This has also been an increase in their emotional substancing the club. The children bolt forward to the end of their week at the Friday Club. to be the best that they can be and are beginning to transfer these skills into other aspects of their daily lives and in the community. There has been an

10:44

everything in one!

The club provides a safe place for the

develope soft skills, and appreciate

children to express themselves, culture and diversity. More like

worth it. My son recently won a prize for rapping during a competition organised I travel for 25min each way to get my by TOL. Who would have thought! kids to the TOL club and it is totally

gained a lot of knowledge such cooking Heritage, they are a lot to list out... Now baking, jewelry making, cultural dances Initially, I was a little sceptical about the which connects them to their African club, but after my kids began, they

kids and providing a safe environment A Very Big Thank You to TOL for the hard work of taking good care of my for them.

activities that they want to continue the facilitating these wonderful values like It's wonderful and great to see my kids empathy and good morals in them. Everyone seems so involved in fun doing so much and thanks for club indefinitely. The TOL youth activities have made a very much positive impact on my kids. children exhibit social skills and make being of my children since the start of this program, I have and also noticed This activities have helped to build emotional,physical and social wellthat the activities have made the their confidence level grow....

young kids. Your dedication to providing Keep making a positive impact on the your organization does in supporting brighter future is truly commendable. them with opportunities, care, and a appreciation for the incredible work I wanted to express my sincere lives of these children.

TOL has been so supportive is teaching and training kids of which my children are among those that enjoy the benefits.

I trusted them with my kids and will always support them.

Best regards Nkeiru Onuh

 $\bigcirc$  Uplifting Humanity Changing Lives 28

exposed and are able to adapt to this environment for my children... a club have as a parent. My kids are Godly that complements the talent I don't am delighted to have an inclusive Joy Michael-Okwugba new clime. Thanks for the message. community.

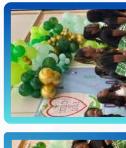
empowerment makes my children feel happier and more fulfilled within the \*\*As a mum The knowledge TOI is impacting on my children and the

they look forward to going to the club every Friday.











increased Confidence: 95% of participants reported an increase in confidence after regularly attending the dance group sessions.

showed significant improvement in their social skills, Improved Social Skills: Approximately 90% of the children becoming more communicative and interactive with their peers.

The Touch of Love Dance Group, showcases dance celebration. Beyond a dance group, it's a platform as a tool for community connection and cultural for cultural education and unity.

Aberdeen's cultural events such as the Mela Festival improving their social confidence. Their presence in Participants enhance life skills and connect with African heritage through music and dance, reflects the group's community impact.

musical talents, culminating in performances that dances, the group nurtures team-building and With sessions focused on African rhythms and celebrate their cultural roots.

































Aberdeen Health and Improvement Fund. The Touch of love Young Achievers can't stop talking about the energy and the moves 😬 12weeks of dance sessions by Citymoves with the help of













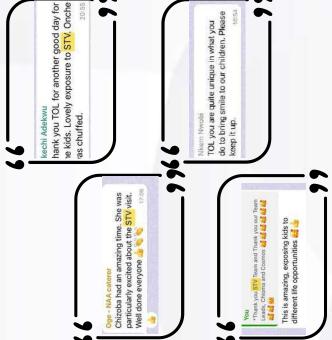






## **OUR VISIT TO STV NEWS ABERDEEN**

Touch of Love Young Achievers had the wonderful opportunity to visit STV News Aberdeen, where they received a warm welcome from the staff. During their visit, the young achievers were provided with a behind-the-scenes look into the world of journalism and the meticulous process of preparing the news at 6. The staff generously shared insights on how information is gathered, verified, and presented to the public.



broadcasting chair, where they practiced visit was the chance to take turns on the appreciation for the work that goes into news casters. This hands-on experience Overall, the visit to STV News Aberdeen horizons as they continue their journey undoubtedly inspire and broaden their allowed them to step into the shoes of delivering the news to the community. One of the exciting highlights of their Achievers with valuable insights and the art of introducing themselves as provided the Touch of Love Young memorable experience that will ournalists and gain a deeper of personal and educational development.





# TOUCH OF LOVE HOLIDAY CLUBS

Minority Ethnic community, notably impacting the lives of

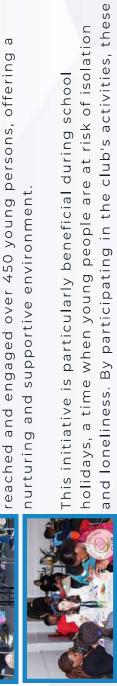
Initiated in July 2022, the organization has successfully

young individuals aged 7-16 from low-income families.

Established in Aberdeen, has significantly influenced the







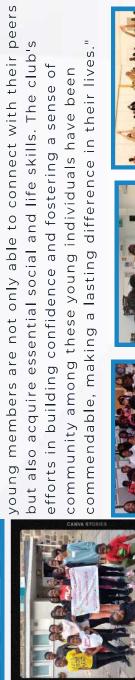






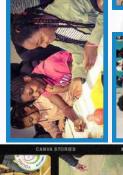




























happier and more emotionally balanced since joining the Emotional Well-being: 87% of the children expressed feeling Weekly Youth Club.

Physical Fitness: 92% of participants showed improved physical fitness and coordination as a result of the dance practices. Increased Creativity: 80% of participants exhibited a marked increase in their creative expression, both in dance, arts, and in other areas of interest

club offers a diverse range of activities, from sports to inclusion, self-determination, and empowerment. The creative arts, each carefully designed to encourage activities. These gatherings are more than just a The Young Achievers Weekly Club consistently engages 40-50 children in an array of enriching meeting place; they are a crucible for fostering collaboration and continuous learning This unique blend of activities provides a safe space for enables each child to form valuable peer connections, meaningful conversations and critical anti-sectarian education, significantly enhancing the health and commitment to creating a nurturing environment fostering a sense of belonging and community. mental wellbeing of its attendees. The club's



























20 Touch of Love Young Achievers recently completed a two-day workshop and earned the prestigious Dynamic Youth Award (DYA). The DYA involves setting personal challenges, dedicating a minimum of 5 hours to activities, and achieving specific targets.

Key features of the award include inclusivity, three-star rating levels, adaptability to various settings, and alignment with the Scottish Credit and Qualifications Framework (SCQF).

The DYA focuses on personal growth, empowerment, and evidencing outcomes while supporting the Curriculum for Excellence. This achievement showcases the dedication and resilience of the young achievers in their pursuit of personal development. Congratulations to all!



### Touch of Love: Youth Achievement and Volunteering for the Duke of Edinburgh Award Programme

Five students from Aberdeen's St. Margaret's School for Girls joined the Duke of Edinburgh's Award (DofE) programme through a collaboration with Touch of Love Young Achievers. This initiative offered them a life-changing experience, allowing them to explore new interests, develop vital life skills, and achieve a respected mark of achievement.

The DofE programme, open to 14-24 year-olds, includes various levels of achievement (Bronze, Silver, Gold) and involves community service, physical fitness, skill development, expedition planning, and team-based residential activities for the Gold level. The program is inclusive, focusing on personal growth rather than competition. Participants gain self-esteem, confidence, and essential work-ready skills, making them attractive to employers.



















The trip to Edinburgh Zoo provided a unique behaviors, and conservation efforts. This visit connect to nature and improve their health opportunity for the children to learn about appreciation for the environment and the also helped the children develop a greater importance of conservation, helping them different animal species, their habitats, and mental well-being.

TOCCH OF LOVE YOUNG ACHIEVERS VISIT volunteers at TOL. You all are awesome and we appreciate you. My kids had so much fun and can't stop talking about penguin, Emperor penguin...etc. Soon the animals. Now I know there is King A huge thanks to the organisers and Il hear penguins have Dukes and Ouchesses 🦀

thoroughly enjoyed the bus. Thank you Thank you TOL. The children had a to the Volunteers and organisers. great time 😝

Thanks so much to the team. May God bless you all. My daughter really enjoyed the trip





 $\overset{ op}{=}$  Uplifting Humanity Changing Lives 37

### ENHANCING SKILLS: READY FOR YOUTH WORK TRAINING

Touch of Love volunteers recently completed the 'Ready for Youth Work' training, a comprehensive two-day course designed for those involved in youth work.

The training encompassed a wide range of topics crucial for effective youth engagement, including youth work fundamentals, youth participation, child protection, and emergency first aid.

The course also provided an introduction to the Hi5 & Dynamic Youth Awards, along with sessions focused on games, planning, creative evaluation methods, and portfolio building.

This training ensures that volunteers are well-prepared to create safe and enjoyable youth work sessions, engage young people in meaningful ways, and acknowledge their progress and achievements.





















### 

### **Touch of Love's Role**

- Performance: Showcased talent from the young achievers group
- Community Engagement: Enhanced the charity's visibility and mission

Key Observations:

- · Community Enthusiasm: Strong public
- · Official Support: Acknowledgement by the response to volunteering opportunities
  - Diverse Participation: Involvement of city's Lord Lieutenant and Lord Provost numerous local charities and groups

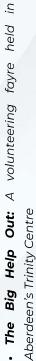












- Date and Significance: May 8th, coinciding with the coronation of King Charles III
- **Objective:** Encourage community volunteering and charity support
- Impact and Attendance:
- National Scale: Part of a UK-wide initiative involving 6 million participants
- Local Success: Attracted nearly 7,000 people, significantly boosting Trinity Centre's footfall

### Touch of Love's Role

- **Performance:** Showcased talent from the young achievers group
- Community Engagement: Enhanced the charity's

visibility and mission

Key Observations:

- Community Enthusiasm: Strong public response to
- volunteering opportunities
- Official Support: Acknowledgement by the city's Lord Lieutenant and Lord Provost
- Diverse Participation: Involvement of numerous local charities and groups







### OTHER

Project Hours: 72 HRS

Frequency: Monthly

Audience: Minority Ethnic Mothers



Participants: Over 170 mothers

ethnic backgrounds, the workshop fostered a sense of

them: By bringing together over 170 mothers from minority

1. 100% reported we created a supportive Community for

with others who may have similar experiences, reducing

feelings of loneliness and isolation.

community and belonging, and allowed mothers to connect

2. 98% reported the workshops encouraged them to have

Open Dialogue: The discussions on sensitive topics like mental

health, relationships, and self-care created an environment

mothers openly shared their experiences and

challenges, which particularly empowered those who may feel

isolated in their struggles.

3. 95% reported they Educational Empowerment: Mothers

health, nutrition, and family dynamics to gain increased

independence and less reliance on their immediate family

members

develop practical skills such as money management, mental



**Key Features** 

Stigma Reduction in Mental Health Mental Health Workshops

Relationship and Home Life Focus on Healthy Lifestyle

Recreational and Social Activities **Diet and Nutrition Focus** 

Health: The friendship and the connections made during the monthly workshops have extended beyond the events, providing a network of support which is crucial in times of 4. 93% reported new connections and improved Mental need, offering a safety net against isolation.

Uplifting Humanity Changing Lives 41

# AUTISM AWARENESS CAMPAIGN



proud of ourselves. Together we can do turning up and engaging. We are very thank all of you wonderful ladies for The organising committee wants to so much more. Thank you ladies



was plentiful and childcare ok. May God private endeavours. We don't take it for sponsoring this event 🙌. Refreshment increase your charity and bless your Massive thanks to TOL for solely granted.

### Participants: Over 150 mothers

**Project Hours: 72 HRS** 

**Audience: Minority Ethnic Mothers** 

### **Executive Summary**

African Catholic Ladies, conducted a critical six-hour workshop aimed at raising autism awareness among 100 Black and Ethnic Minority families. This workshop delved into the unique challenges these communities face, The Touch of Love Outreach, in collaboration with Aberdeen focusing on enhancing understanding and support for children with autism and their families.

### Social Stigma and Impact on Families

- Community Stigma: Families faced judgmental attitudes and stigma in their communities, causing shame, blame, and social isolation.
- · Varied Support from Faith Groups: While some found strength in faith, others reported a lack of support from religious communities.

### **Key Findings and Community Challenges**

- · Diverse Challenges: While autism-related challenges were universal, additional unique difficulties were identified within BAME communities.
  - · Support Systems: The critical role of family and community as support systems was highlighted, despite challenges in diagnosis and service access.
- · Awareness Gap: A general lack of autism awareness and understanding was noted, both in the wider community and amongst professionals in education and healthcare.

spending the ogbonge £20! If you haven't spent yours, go and find it 🤡 Asda voucher from the Autism event! You need to see how happy I was My dear! I spent my TOL earlyness

Our moderators, you ladies are the best TOL. A wonderful afternoon well spent Weldone to the organisers-AACL and

It was a lovely event. Thanks ladies. 😊



Uplifting Humanity Changing Lives 42

### Domestic Violence **Awareness**



Aberdeen and Shire. It was a significant gathering, drawing 130 minority ethnic women. The agenda included educating attendees on different types of domestic abuse, its impact on victims Catholic Ladies, targeted the issue of domestic abuse within the African-origin community in and families, and strategies for escaping abusive situations. Experts from Police Scotland provided crucial insights into legal definitions of domestic violence, the process of investigation, and resources for victims. The program was enriched by personal testimonies of domestic violence, offering practical advice on how to respond to such situations and highlighting available support 'his 6 hour event, a collaborative effort between Touch of Love Outreach and Aberdeen Africar for those affected.

Participants: Over 150 mothers

**Audience: Minority Ethnic Mothers** 

committee and anyone who helped one way or the other to make this event a A big thank you to the organising saccess

It was a very informative session.

AACL and Touch of Love. Una finish A big well done to the organisers -What an amazing event!!!

was plentiful and childcare ok. May God private endeavours. We don't take it for sponsoring this event 🙌. Refreshment increase your charity and bless your Massive thanks to TOL for solely

Welldone everyone and special thanks What an information-packed event to TOL for sponsoring this!





























### 0 L M

### 2022/2023 Z M I 3,0 00 (n) **O (**













# 

We are incredibly thankful for orchestrating the Kilt Walk 2022 with such dedication and excellence.

This event was not only a celebration of community spirit but also a pivotal moment for us in raising essential funds which significantly contributed to the success of our international projects.

With the impressive sum of £62,162 raised, we have been able to significantly advance our various international initiatives, touching the lives of over 25,000 people in the Africa.

Your commitment to fostering philanthropy and community engagement is truly inspiring. Thank you for your invaluable support and for being an integral part of our mission.











Touch of Love's recent visit to the Joint National Association of Persons with Disabilities marked a significant milestone in empowering individuals with disabilities. We generously donated essential aid items, including wheelchairs, contributing greatly to the mobility and independence of many members. Furthermore, We took a step further by providing resources and training to enable these individuals to start their own businesses.

begging. Additionally, the donation of hair dryers by Touch of Love is set to open services, offering them a path to financial independence and skill development. This initiative is a leap towards self-sufficiency, moving away from the notion of up new opportunities for members interested in hairdressing and beauty

# TOCCH OF LOVE EMPOWERS

PERSONS WITH DISABILITI











### **MPACTS:**

hunger in marginalized communities amid soaring food . Hunger Alleviation: The initiative significantly reduced costs through monthly distributions.

support was provided to children who were driven to 2. Support for Vulnerable Children: Regular nutrition menial jobs and begging.

some of the financial pressures on families grappling with 3. Financial Relief for Families: The program helped ease increased food prices.

4. Highlighting Economic Issues: The initiative shed light on Nigeria's economic crisis and its dire impact on vulnerable populations.







### FEED THE STREET KIDS

Target Areas: Remote and grassroots communities in Nigeria Beneficiaries: 12,000 homeless adults and children fed annually

22.79%, significantly impacting the cost of essential food items, · Inflation in Nigeria: The country faces a high inflation rate of which increased by over 25% within a year.

Rising Food Expenditure: A family of four's monthly food 150,000 Naira in November 2023, marking a 134% increase. expenditure escalated from 64,000 Naira in May 2022 to

dedicates 56% of its income to food expenses, the highest · Income Allocation: The average Nigerian household percentage worldwide.







### 

### 

### 







Ighalo Orphanage, Ijegun, Nigeria



Okobaba Destitute Home Nigeria 📕



Uplifting Humanity Changing Lives 49

Friends of Jesus Orphanage Ajah Nigeria

### TOL MEDICAL OUTREACH













**Children Cancer Hospital** 







## TOL SCHOOL OUTREACHES



Walker Road School Aberdeen



Aborun Pri. Sch. Ogun, Nigeria





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Community Pri Sch, Osumogu



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Distribution of 300 bags of corn to

provide immediate food relief to

vulnerable families in Malawi.

Target Beneficiaries:

Rural families, especially those headed

by women.

FEED THE PROJECT MALAWI HUNGRY

### Impact:

- · Immediate Relief: Each bag of corn can feed a family potentially aided 1,2000 individuals for this duration. of four for two weeks, implying that the project
- · Economic Relief: By providing staple food, families could redirect their limited resources to other essential needs, thus easing financial strain.
- Gender-Specific Impact: The project particularly disproportionately affected by poverty and food supported female-headed households, who are insecurity.











### Thank You







YOUTH AND
PHILANTHROPY
INITIATIVE

















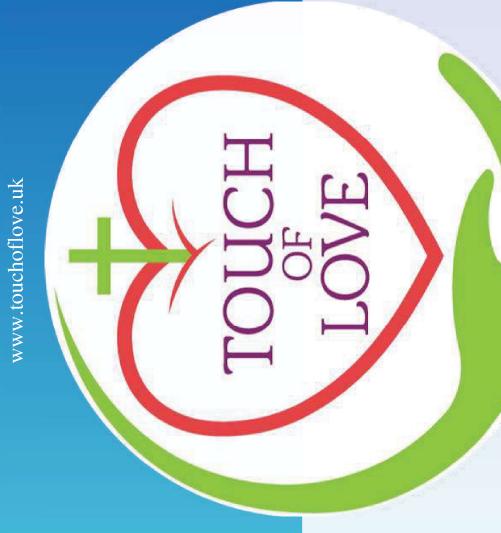








+44 333 220 6029



Changing humanity Uplifting

### Enter charity name below Touch of Love Outreach (SCIO)

Enter SC No. below SC050493

Receipts and payments accounts For the period from to 2022 31 March 2023 01 April

Section A Statement of	receipts and	payments				
	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds las period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	1,658				1,658	2,733
Legacies	1,000				1,000	2,700
Grants	70,162	98,646			168,807	10,378
Receipts from fundraising activities	70,102	30,040			100,007	10,576
					_	-
Gross trading receipts Income from investments other than land and buildings					-	
Rents from land & buildings Gross receipts from other charitable activities					-	
A1 Sub total	71,819	98,646	_	_	170,465	13,111
	71,010	00,040			110,400	10,111
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	71,819	98,646	112	::=	170,465	13,111
A3 Payments						
Expenses for fundraising activities	9,403	-			9,403	-
Gross trading payments					-	_
Investment management costs					-	
Payments relating directly to charitable activities	62,218	105,308			167,527	17,281
Grants and donations					-	
Governance costs:					_	
Audit / independent examination	200				200	100
Preparation of annual accounts	5				-	
Legal costs	3					
Other	r				-	
					-	
A3 Sub total	71,821	105,308	16	•	177,130	17,381
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	_
Purchase of investments					-	
A4 Sub total			10		~	
Total payments	71,821	105,308	-		177,130	17,381
Net receipts / (payments)	(2)	(6,663)	-,	_	(6,664)	(4,270)
A5 Transfers to / (from) funds		, , , ,			-	, , ,
The state of the s					-	
Surplus / (deficit) for year						

	Touch of Love Outreach (	SCIO)				SC050493	
Section B Stateme	nt of balances						
Categories	Detai∥s	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	2,229	12,170			14,399	18,66
	Surplus / (deficit) shown on receipts and payments account	(2)	(6,663)			(6,664)	(4,270
						-	
						-	
	Cash and bank balances at end of year	2,227	5,507	-	-	7,735	14,39
	Details			Fund to which	n asset belongs	Market valuation	Last year
32 Investments						to nearest £	to nearest £
	n/a						
	n/a						
	n/a						
	n/a						
	n/a						
	n/a				Total		
	Details		Fund to which	asset belongs	Cost (if available)	Current value (if available)	Last year to nearest £
33 Other assets	n/a						
	n/a						
	n/a				<del>                                     </del>		
	n/a						
	n/a				l		
	n/a						
	n/a						
	n/a						
	n/a						
				Total	-	- 1	
	Deteile			Fund to which liability relates		Amount due	Last year
	Details			7 4114 10 111101		to nearest £	to nearest £
34 Liabilities	n/a						
	n/a						
	n/a						
	n/a						
	n/a						
					Total		•
	Details			Fund to which	liability relates	Amount due (estimate)	Last year
35 Contingent liabilities						to nearest £	to nearest £
contingent nabilities	n/a						
	n/a						
	n/a				Total	-	
Signed by one or two trustees							
on behalf of all the trustees	Signature			Print Name			Date of approval
	J.Akadiri				Akadiri		19 December 202
				Franklin Un	nekachike <b>l</b> u		
	F. Umekachikelu		1			19 December 202	



United

Jane Akadiri Rev.Fr. Frankin Umekachikelu

Grants as at 31 March 2023							
Sources		Unrestricted funds		Restricted funds	- 1	Total current period	Total last period
	T	to nearest £		to nearest £		to nearest £	to nearest £
SCOTTISH CHILDRENS LOTTERY				6,500		6,500	
NATIONAL LOTTERY - MAIN GRANTS				14,964		14,964	
NHS GRAMPIAN				3,900		3,900	
ABERDEEN CITY COUNCIL				17,939		17,939	
THE CORRA FOUNDATION				8,425		8,425	
CROWDFUNDER LTD				39,418		39,418	
THE ROBERTSON TRUST		1,500		6,500		8,000	
ABERDEENSHIRE COUNCIL				1,000		1,000	
MOVEMENT FOR GOOD		1,000				1,000	
ACCIONA INDUSTRIAL		1,000				1,000	
YPI SCOTLAND		3,000				3,000	
LOCALGIMNG LTD		500				500	
THE KILTWALK	L	62,162	Ĺ			62,162	
ARNOLD CLARK		1,000				1,000	1,000
Aberdeen Council of Voluntary Organisations (ACVO)							9,378
Total		70,162		98,646		168,807	10,378

Signed:

Jane Akadiri

Rev.Fr. Frankin Umekachikelu

Expenditures as at 31 March 2023				
	Unrestricted funds	Restricted funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £
Rent	3,871	- 1	3,871	_
Insurance	514	-	514	_
Admin	2,147		2.147	
Meeting Room Subscription		-	<b>-</b>	144
Website and broadband	283		283	954
Food Pantry Equipment/ fitting	586	-	586	199
Food Pantry Repairs	-	-	_	81
Postage and Printing	-	-	_	6
Promotional Materials	1,893		1,893	
Office Funiture and Fitting	735	-	735	_
Cleaning and Waste Disposal	-	-	_	80
Purchase of Laptop, Hardware and Software	2,156	- 1	2,156	545
Team Building	1,501	- 1	1,501	497
Stationeries	2,548	-	2,548	_
Volunteers Expenses	5,754	- 1	5,754	709
Bank charges	78	-	78	16
Fundraising Expenses	-	9,403	9,403	160
Volunteers Training	-	2,641	2,641	24
Community Food Pojects	-	23,419	23,419	9,824
Youth Projects	-	15,330	15,330	,
Staff Cost	-	17,254	17,254	285
Tackling Loneliness & Social Isolation Projects	-	10,510	10,510	
Health & Wellbeing Projects	-	9,252	9,252	1,207
Domestic Violence Projects	4,791	-	4,791	•
Tutors and Session Costs	-	17,500	17,500	
International:		-	_	2,629
Basic Necessities Projects	8,788	-	8,788	
Feed the Hungry Projects	11,797	-	11,797	
School Outreach Projects	9,997	-	9,997	
Medical Outreach Projects	7,997	-	7,997	
Internet Provision Projects	5,994	-	5,994	
Accountancy/ Independent Examiner Cost	200	-	200	100
Health and Safety Equipment Cost(Including PPE	- 1	-		_
Professional Membership Fee	190	-	190	-
Total	71,821	105,308	177,130	17,460

Signed:

Jane Akadiri

Rev.Fr. Frankin Umekachikelu



Report to the

trustees/members of

Charity name

**Touch of Love Outreach** 

### Registered charity SC050493 number On the accounts of the Period start date Period end date charity for the period Day Month Year Dav Month Year 2023 April 2022 March Set out on pages (remember to include the page numbers of additional sheets) Respective The charity's trustees are responsible for the preparation of the accounts in accordance responsibilities of with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the trustees and examiner Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention. Basis of independent My examination is carried out in accordance with Regulation 11 of the Charities examiner's statement Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts. Independent examiner's In the course of my examination, no matter has come to my attention [other than that statement disclosed on the attached page\*] which gives me reasonable cause to believe that in any material respect the requirements: to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. Signed: 27/12/2023 Clarenter Dear Date: Name: Ibrahim Yohanna - Bsc, MSc, MBA, ACA, ACCA, FCCA, FFA, CIA, Relevant professional Association of Certified Chartered Accountants (ACCA) Institute of Financial Accountants (FFA) qualification(s) or body Institute of Chartered Internal Auditor of UK & Ireland (CMIIA) (if any): Certified Fraud Examiner (CFE) Address: Valentine Crescent, Danestone Aberdeen, AB22 8DB

Independent examiner's report on the accounts

<sup>\*</sup>Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

### **APPENDIX 3**

### **Disclosure section**

	Only complete if the examiner needs to highlight material problems.
Give here brief details of any items that the examiner wishes to disclose	